

PHASE 1
APRIL · MAY · JUNE

PHASE 2
JULY · AUGUST

PHASE 3
SEPTEMBER · OCTOBER

PHASE 4
NOVEMBER

APRIL 2026

Focus: Baseline Assessment & Plan

1 diagnostic mock — do not study before it

VARC

- Take 1 diagnostic mock — identify strong and weak areas across all 3 sections
- Start reading 1 editorial daily (The Hindu, Mint, Aeon)
- Note which RC passage types feel most unfamiliar

DILR

- Solve basic arrangements — rows, circles, floors
- Understand set selection — time 1 set without pressure
- Learn to read constraints slowly and completely

QA

- Arithmetic from scratch: percentages, ratios, averages
- Do NOT use shortcuts yet — understand the logic first
- Identify which topics feel weakest from the diagnostic

ALP Tip: The April mock is a diagnostic, not a performance test. Low score is expected and irrelevant. Its only job is to show you where you are.

MAY 2026

Focus: Concept Building — VARC & QA

No full mocks — sectional tests only

VARC

- RC: Practice 1 passage per day — 4-5 questions each
- Para-jumbles and Para-summary: 3-4 questions daily
- Read widely: history, economics, philosophy, science
- Focus on identifying the main argument in each passage

DILR

- Grids, blood relations, scheduling — 1 set per day
- Focus on reading the constraint carefully before solving
- Do not time yourself yet — understand the set fully first

QA

- Algebra: linear equations, quadratics, functions
- Number theory: factors, remainders, HCF-LCM in depth
- Build formula awareness — do not memorise, understand derivation

ALP Tip: In May, depth matters more than speed. Solve slowly and correctly rather than fast and roughly. Speed comes from clarity, not practice volume.

JUNE 2026

Focus: Complete Foundation — All Sections

1 full mock at end of month

VARC

- Inference and tone questions — most CAT RC is inference-based
- VA: Critical reasoning, odd-one-out, meaning-usage match
- Start tracking which question types you consistently get wrong

DILR

- Data interpretation: tables, bar charts, line graphs, pie charts
- Mixed sets with 2 variables — practice 2 sets per day
- Introduce light timing — 15 minutes per set maximum

QA

- Geometry: triangles, circles, coordinate geometry
- Modern maths: Permutation & Combination, probability, sets
- By end of June, you should have touched every topic at least once

ALP Tip: By end of June, every topic should have been touched at least once. Gaps now are cheaper to fix than in October. Take the mock honestly.

JULY 2026

Focus: Speed & Application

2 full mocks — analyse every single question

VARC

- RC: 2 passages per day — time yourself strictly (14 min per passage)
- Start identifying passage structure in the first 2 minutes
- VA: daily 8-10 questions across all types
- Begin tracking your RC accuracy rate per attempt

DILR

- Complex sets: games & tournaments, networks, routes
- Attempt to solve 3 sets in 40 minutes — set selection practice
- Learn to recognise the first signal that a set will be a trap

QA

- Arithmetic revisit — all topics at speed
- Start timed practice: 10 questions in 15 minutes
- Identify which topics give you the best accuracy/speed ratio

ALP Tip: Mock analysis is 2x more valuable than taking the mock. For every 3 hours spent taking a mock, spend 3 hours analysing it.

AUGUST 2026

Focus: Mock Cadence & Analysis

4 full mocks (1 per week) — full post-mock analysis

VARC

- RC under pressure: simulate exam conditions strictly
- Build a personal error log — track wrong answer patterns
- VA accuracy target: 70%+ on practice sets
- Identify your 3 most common RC error types

DILR

- Focus on your 3 strongest set types — maximise sure attempts
- Practice the skip decision — leaving a set is a skill
- Track which set types cost you the most time relative to return

QA

- Advanced algebra: inequalities, functions, graphs
- Geometry: mensuration, coordinate, advanced circles
- Time your weak topics specifically — not just overall section time

ALP Tip: By August, you should know your 3 most common error types. These 3 patterns will cost you 10-15 marks if not fixed before October.

SEPTEMBER 2026

Focus: Intensive Practice & Revision

4-5 mocks — prioritise quality of review over quantity

VARC

- RC accuracy target: 80%+ on practice passages
- Vocabulary: RC Lexicon tool — 15 words per day in context
- Timed VA sets — full 40-question VARC section in 40 min
- Stop experimenting with approach — standardise your method

DILR

- Full DILR section simulation: 40 minutes, 4 sets
- Revisit every set type you got wrong in August mocks
- Your set selection decision should be made in under 90 seconds

QA

- Full QA section simulation: 40 minutes
- Focused revision: topics with the most errors across mocks
- Formula sheet daily — 20 minutes each morning

ALP Tip: September is about revision, not new learning. Your foundation is set. The job now is execution. Revise more than you learn this month.

OCTOBER 2026

Focus: Full Simulation & Strategy Lock

6 full mocks — simulate exact exam day conditions

VARC

- Lock your RC approach — stop experimenting with new methods
- Daily 1 RC passage + 3 VA questions — maintenance mode
- Your VARC strategy should be automatic by mid-October

DILR

- Lock set-selection strategy — 3 strong set types to attempt
- Practice abandoning a set after 4 minutes if stuck
- Your 40-minute gameplan should be completely scripted

QA

- Formula revision daily — 20 minutes on formula sheet
- Identify 3 topics where 1 revision = guaranteed correct attempt
- Target: 85%+ accuracy on questions you choose to attempt

ALP Tip: October is simulation, not learning. Every mock is a dress rehearsal — same time, same conditions, same attitude. Nothing new enters your prep now.

NOVEMBER 2026

Focus: Final 2 Weeks — Consolidation Only

2 mocks in first 2 weeks — STOP mocks 5 days before exam

VARC

- Read editorials daily — stay sharp, do not overdo RC sets
- Light revision of VA question types only
- No new RC strategies — trust what you have built

DILR

- 1 set per day maximum — maintain sharpness, not load
- Revisit your personal error log one final time
- Do not attempt new or unfamiliar set types this month

QA

- Formula sheet daily — 10 minutes only
- Attempt 5-6 QA questions per day — warm-up only
- Sleep, eat well, and protect your mental state

ALP Tip: You cannot learn new things in the final week. Everything you need is already inside you. Trust the preparation. Sleep well. Stay calm.